

Interpretive Services

Be sure to visit the museum to see the exhibits on the natural and cultural history of the reserve. Check for programs or walks that may be offered. Requests for group interpretive and educational programs should be made two weeks in advance.

Basic Rules

Fire, erosion, and off-trail hiking can damage fragile natural features beyond repair. To help preserve natural resources, and for your own safety, you must observe these basic rules:

- Stay on officially designated trails—Cutting across switchbacks and between trails, going into closed areas, and climbing cliffs causes severe environmental damage and can be dangerous. These activities are prohibited.
- All smoking and fires are prohibited in the reserve—you may smoke only in your car or at the beach.
- No picnics are allowed in the reserve—You may picnic only at the beach. Do not take food or drink on any trail except to carry them to the beach.
- **Dogs and horses are prohibited**—They are not allowed at the reserve or on the beach.
- **No bicycles, motorcycles, or any other vehicles**—No vehicles except baby strollers and wheelchairs are permitted on any trail.
- All natural and historic features are protected by state law—
 Do not collect pine cones. Do not pick wildflowers. They must be
 left to produce seed to grow new plants and as food for animals.
 Leave plants, animals, insects, and rocks for the next visitor to
 enjoy.
- Park only in designated parking lots—Stopping on road shoulders is not permitted.
- Keep small children with an adult at all times—The cliffs and canyons can be dangerous places for children.
- **Do not sit directly below the cliffs.** Rock slides can occur at any time.

Phone (858) 755-2063 The park closes at sunset.



Torrey Pines State Reserve

Torrey Pines State Reserve is a wilderness island in an urban sea. This fragile environment is the home of our nation's rarest tree— *Pinus torreana*. Before the encroachment of civilization, this tree covered a larger area. It now grows only here and on Santa Rosa Island off the coast near Santa Barbara.

Trails

Guy Fleming Trail—2/3 mile loop

Easiest trail, relatively level, forested, nature markers; diverse scenery, ocean vistas, sandstone formations, spring wildflowers; drinking water, parking

Parry Grove trail—1/2 mile loop

Secluded, not too difficult, but steep entry/exit (100 steps); drought and bark beetle infestation have devastated this grove; native garden at trailhead

Razor Point Trail—2/3 mile to Yucca Point Overlook
Dramatic views of gorge, badlands, spring wildflowers, fewer but
more picturesque trees; trail splits from
Beach Trail 200 yards below restroom/trailhead

Beach Trail—3/4 mile to Flat Rock and beach Popular beach access trail; least scenic trail, few trees, steep; final beach entry very narrow and precipitous; trailhead at restroom

High Point Trail— 100 yards

Panoramic views of reserve, ocean, lagoon, inland

Broken Hill Trail— Access to beach via north fork 1.2 miles, via south fork 1.3 miles
Longest trail chaparral, few trees, scenic overlook of the "broken" hill

Marsh Trail—1 1/2 miles Along the southern edge of Los Penasquitos Marsh Natural Preserve

