



To Mountain Parkway  
2 (mi.)

WHITTLETON ARCH  
(216)

SNACK BAR  
MINI GOLF

LOW GAP

ENTRANCE BRIDGE

WHITTLETON CAMPGROUND

HENSON ARCH

HENSON ARCH

5

10

4

7

SAND GAP

HOOD'S BRANCH

ROCK GARDEN

LAUREL RIDGE

NEEDLE'S EYE

DEVIL'S GULCH

3

HEMLOCK LODGE

POOL  
SNACK BAR

ORIGINAL

HOEDOWN ISLAND

GIFT SHOP & R/R

ACTIVITIES CENTER

CAVE

BALANCED ROCK

BALANCED ROCK

COTTAGES

RR

RR

RR

RR

RR

RR

RR

RR

RR

RR

RR

RR

RR

RR

RR

RR

RR

6

4

4

8

9

1

1

1

1

1

1

1

1

1

1

1

1

1

1

1

1

1

1

1

1

1

1

1

UPPER HOOD'S BRANCH

STEEL GATE (1.5 mi. from Natural Bridge)

SHELTOWEE TRACE FOREST SERVICE TRAIL #100

- Road
- Trail
- Building
- Picnic Area
- Picnic Shelter
- Tent Camping
- Stairs
- Ridgetop
- Trailhead

**TRAIL**      **DISTANCE(mi.)**      **HIKING TIMES(hrs.)**

	1	The Original	.75	1
	2	Balanced Rock	.75	1
	3	Battleship Rock	.75	1
	4	Rock Garden	1.75	2
	5	Sand Gap	7.5	6-8
	6	Hood's Branch	3	2-4
	7	Henson's Arch	.25	.75
	8	Lakeside	.25	.75
	9	Laurel Ridge	.75	1
	10	Low Gap	.5	.75
	11	Upper Hood's Branch	.75	1
	216	Whittleton	2.0	2

MAP IS NOT TO SCALE



# NATURAL BRIDGE STATE RESORT PARK

MIDDLE FORK CAMPGROUND

BOAT RAMP

To Beattyville

Map prepared by University of Kentucky Cartography Lab  
Map revised by Alex Thor (DOP)